



Women's Open - 10000m



10000m	Record	Perf	Athlete	Event	Place	Date
All Comers	Records	30:58.00	SUGIHARA KAYO		Hong Kong	2009/12/11
HONG KONG	RECORD	32:39.88	CHAN MAN YEE MAGGIE 陳敏儀			2002/04/19
HKAAA U20	RECORD	37:48.42	TONG LOK YIU 湯樂榆			2018/11/29

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	CHANG CHIH HSUAN	張芷瑄	746 TPE-BRC	38:10.03	
Split: 03:49.49 (3:49.49) 07:37.03 (3:47.54) 11:25.90 (3:48.87) 15:15.95 (3:50.05) 19:03.78 (3:47.83) 22:53.88 (3:50.10) 26:44.12 (3:50.24) 30:36.66 (3:52.54) 34:30.64 (3:53.99) 38'10.030" (3:39.35)						
2	1-1	HAU KA YAN	侯嘉欣	604 CEDSRC	38:59.12	
Split: 03:50.02 (3:50.03) 07:39.37 (3:49.34) 11:31.82 (3:52.45) 15:27.40 (3:55.58) 19:22.14 (3:54.74) 23:16.67 (3:54.53) 27:12.90 (3:56.23) 31:08.64 (3:55.74) 35:06.84 (3:58.21) 38'59.120" (3:52.15)						
3	1-2	LAM KA YAN	林嘉欣	715 TCAA	40:26.48	
Split: 03:45.42 (3:45.43) 07:37.84 (3:52.41) 11:33.81 (3:55.97) 15:39.06 (4:05.25) 19:44.54 (4:05.49) 23:50.85 (4:06.30) 27:59.18 (4:08.34) 32:09.88 (4:10.69) 36:22.05 (4:12.18) 40'26.480" (4:03.94)						
4	1-4	TAM KA MAN	譚嘉敏	725 TCAA	41:51.33	
Split: 04:04.33 (4:04.33) 08:14.29 (4:09.96) 12:23.64 (4:09.35) 16:34.76 (4:11.12) 20:45.68 (4:10.93) 24:58.96 (4:13.27) 29:13.68 (4:14.73) 33:27.96 (4:14.27) 37:45.25 (4:17.30) 41'51.330" (4:05.74)						
5	1-3	FAN CHING YEE	范倩怡	709 TCAA	43:25.10	
Split: 04:03.44 (4:03.45) 08:13.100 (4:09.65) 12:32.16 (4:19.06) 16:43.53 (4:11.37) 21:06.95 (4:23.42) 25:32.05 (4:25.10) 30:02.20 (4:30.16) 34:33.08 (4:30.87) 38:56.67 (4:23.59) 43'25.100" (4:28.33)						
6	1-5	FANG YUK MUI	方玉梅	601 AVOHK	44:23.95	
Split: 04:04.77 (4:04.78) 08:21.39 (4:16.61) 12:39.80 (4:18.41) 17:03.60 (4:23.80) 21:32.80 (4:29.21) 26:04.23 (4:31.42) 30:39.11 (4:34.88) 35:30.78 (4:51.67) 40:07.55 (4:36.78) 44'23.950" (4:15.44)						
	1-6	NICOLA JANE WAN-YEE INGE	吳允怡	603 AVOHK	DNS	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構 Organized by:

資助機構 Subvented by:

大會飲品 Official Water: