



22nd Asian U20 Athletics Championships



Sunday

31 May 2026

Men's 4x400m Relay

Round 1

Kai Tak Youth Sports Ground, Hong Kong (HKG)

START TIME 10:00

RESULTS SUMMARY

World U20	3:00.33	United States U20	USA	23 Jul 2017
Asia U20	3:04.11	National Junior Team	JPN	27 Jul 2014
Meet Record	3:07.38	JPN - Japan	JPN	30 Sep 1999
HK U20	3:14.26	Hong Kong, China	HKG	14 Jun 2014

Rank	Team	C/R	Heat	Lane	Pos	Result	Remark
1	QAT	QAT	1	7	1	3:08.25 Q	
2	IND	IND	1	6	2	3:08.95 Q	
3	THA	THA	1	5	3	3:11.45 Q	
4	SRI	SRI	2	7	1	3:11.55 Q	
5	CHN	CHN	2	8	2	3:14.89 Q	
6	HKG	HKG	1	8	4	3:15.85 q	
7	KAZ	KAZ	2	6	3	3:16.21 Q	
8	SGP	SGP	2	9	4	3:16.28 q	
9	MGL	MGL	2	5	5	3:29.39	
10	TJK	TJK	1	4	5	3:30.53	

Qualification: First 3 of each heat (Q) plus 2 fastest times (q) qualify to Final

Legend:
 Q Qualified by place in Track Events q Qualified by time in Track Events