



22nd Asian U20 Athletics Championships



Thursday
28 May 2026
START TIME 17:05

Men's 3000m Final

Kai Tak Youth Sports Ground, Hong Kong (HKG)

RESULTS

World U20	7:28.19	Yomif?KEJELCHA	ETH	27 Aug 2016
Asia U20	7:47.65	Aadam Ismaeel KHAMIS	BRN	22 Jun 2006
HK U20	8:41.02	HIDEO HARRY LOASBY	HKG	27 Mar 2015

Rank	Bib	Name	C/R	DoB	Order	Result	
1	434	Mubarik Abdi Said	QAT	2 May 2008	9	7:56.08	PB
2	150	Tzu-chieh Chien	TPE	5 Apr 2007	8	8:00.42	PB
3	284	Yota Mashiko	JPN	3 Aug 2007	6	8:00.86	
4	240	Vikas Kumar	IND	15 Jan 2008	2	8:24.88	PB
5	139	Cheng-yu Wang	TPE	18 Aug 2009	3	8:25.90	PB
6	505	Vidushan Periyana Rajendran	SRI	28 Jan 2007	7	8:42.13	
7	570	Bekhruz Shavkatov	UZB	18 Oct 2007	5	8:44.91	
8	585	Timur Nasimov	UZB	2 Apr 2008	10	8:54.90	
9	234	Sandeep Yadav	IND	27 Aug 2007	11	9:07.42	
10	193	Tak Chak Chung	HKG	22 Mar 2007	1	9:10.50	
11	175	Ho Chun Au	HKG	24 Aug 2009	12	9:52.85	
	188	Nok Wang Wang	HKG	30 Mar 2008	4	DNF	

Legend:
PB Personal Best DNF Did Not Finish